

MAPLE IN SEASON

Eating seasonally is one of the most delicious ways to live more sustainably and the UK is home to the very best fresh produce, from herbs and spices, to fruit and vegetables. However, keeping up with what's in season monthly and learning how to make the most of produce when it's at its best can be tricky.

We've created a seasonal food wheel, an easy guide which allows you to quickly see what produce is in season and provides inspiration to help you make those ingredients shine. Each recipe uses pure Canadian maple syrup to help transform fresh fruit and veg into sustainable and delicious lunches, dinners and more.

SO TAKE IT FOR A SPIN!

